



MAY Mental Health Month

Peace I leave with you; my peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled, and do not let them be afraid.

– John 14:27

May is Mental Health Month. Approximately one in five adults in the United States, 43.8 million, or 18.5%, experiences a mental illness in a given year and approximately one in five youth aged 13–18, or 21.4%, experiences a severe mental health disorder at some point.

Mental illness is not prejudiced, affecting men and women of all ages, races, and social classes. Since 1949, the month of May has been observed as Mental Health Month in the United States, and many national organizations such as NAMI, Mental Health America, and other affiliates spotlight Mental Health Month to raise awareness about the importance of mental health and to stop the stigma associated with mental health disorders.

Faith communities like yours can play a major role in raising awareness about these issues.

At MLH: The Dennis H. Jones Living Well Network was founded in 2010 by Debbie Jones, in honor of her husband Dennis who died by suicide. Each year, the Living Well Network assists hundreds of people in the Mid-South by providing free access to mental health assessment and referral. You can access the **Living Well Network** and its resources for care at **901.762.8558** and **www.thelivingwellnetwork.org**.



OUR FAITH-BASED MISSION

Our mission is to collaborate with patients and families to be the leader in providing **high-quality, cost-effective, patient- and family-centered care.**



750+ referrals to mental health resources

500+ free mammography screenings provided

19,000+ congregation members served

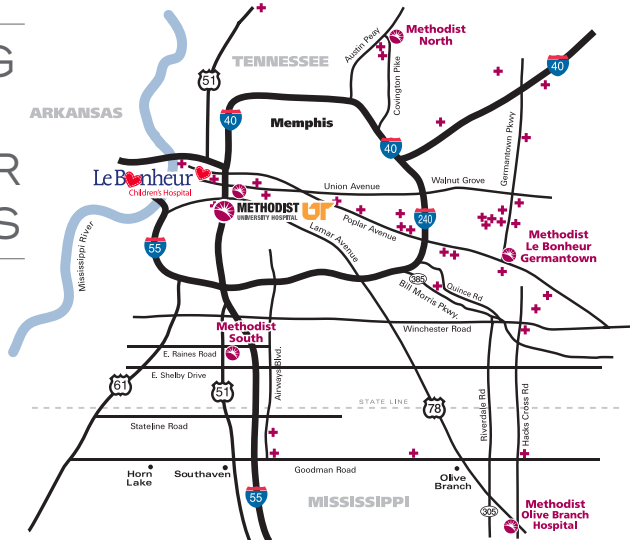


In 2018, we provided over
\$226 million
in care for uninsured and impoverished patients.

1,500+ hospice patients cared for



SERVING
ALL OF
GREATER
MEMPHIS



Methodist
Le Bonheur Healthcare